



Do you have a baby / child / young person aged 0 - 19 that lives in the Dudley borough or attends a Dudley school?

We are pleased to introduce to you ParentLine, our new messaging service for parents and carers!

Managed by **Health Visitors and School Nurses**, we can offer advice and support on many topics like:

Sleep and behaviour

Emotional health and wellbeing

Visual and oral health

Parenting

Illnesses

Healthy lifestyle

Stopping smoking

Sexual health advice

Breastfeeding and bottle feeding

Bullying including online / social media

Toileting

Drugs and Alcohol

Health and development

Behaviour

Infant feeding

And much more



Text us today for confidential advice and support on:

07312 263806

Available Monday to Friday, between 9.00am – 4.30pm, excluding Bank Holidays

We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Text will only be seen between (9am and 4.30pm). If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.